



The Well Worn Shoes

WANDERLUST WELCOME

COASTAL MAINE PACKING CHECKLIST

CLOTHING & LAYERS

- Lightweight fleece or hoodie
- Waterproof rain jacket
- Packable puffy or insulated jacket
- Merino wool base layer (long-sleeve)
- 2-3 short-sleeve shirts
- 2-3 long-sleeve layers
- 2-3 hiking pants or quick-dry pants
- 2-3 leggings or travel pants
- 1 pair jeans + short (summer)
- Swimsuit
- Sun shirt or UPF long-sleeve
- One slightly nicer outfit for dinner
- Sleep layer (long-sleeve + pants)
- Underwear (one per day + extras)
- Wool / merino socks (more than you think)

FOOTWEAR

- Hiking shoes or trail runners
- Comfortable walking sneakers
- Sport sandals (Tevas / Chacos / Birks)
- Waterproof boots (spring, fall, winter)
- Slip-ons for casual wear
- _____

SEASONAL

- Beanie
- Sunscreen (mineral, reef-safe)
- Bug spray (DEET or picaridin)
- Tick removal tool + zip-locks
- Quick-dry travel towel
- Dry bag (kayak / boat tours)
- Insulated reusable water bottle

ELECTRONICS & CAMERA

- Phone
- Chargers (phone, camera)
- Camera
- Portable battery pack
- Wide-angle lens
- Tripod

ROAD TRIP ESSENTIALS

- Cooler or insulated bag
- Portable power bank
- Offline maps downloaded
- First aid kit + Dramamine
- Reusable shopping bag
- Crossbody bag or daypack

HAPPY ADVENTURING! - SHOP THE LIST